

Contact Information

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Office 334-742-2112

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Sarah Cox, M.S., LMFT

FCS Clinical Director

Office 334-742-2112

*Email are for non-emergencies only and may not be able to be accessed during certain days/times. If you have a clinical emergency please call 334-742-2877.

EAMHC has a contractual agreement to provide school based individual, family, and group therapy to Auburn City Schools students as identified by Auburn City Schools administration.

If the school your child attends feels your child may be in need of therapy services they will contact you (the parent/guardian). If you are in agreement for these services, the school administration will complete a referral form and obtain a release of information. This referral form will be sent to Family and Children's Services. The therapist who serves your child's school will contact you to discuss services and the particular needs of your child. Parent/Guardian participation is strongly encouraged.

Therapists serving Auburn City Schools

Kathryn Pugh, M.A., LPC

*Auburn High School, Auburn Junior High School,
East Samford*

Ann Bethea, M.S., LMFT

Drake Middle School

Pick Elementary

TBA

Richland Elementary, Creekside Elementary, Yarbrough Elementary, Auburn Early Education Center, Ogletree Elementary, Dean Road Elementary, and Wright's Mill Elementary



**East Alabama
Mental Health Center**

Family and Children's Services

*Providing individual, family, and
group therapy to students enrolled
in Auburn City Schools as
identified by school
administration.*



**2300 Center Hills Drive
Building II
Opelika, Alabama 36801**

**(334) 742-2112
FAX: (334) 742-2138**

**Monday—Friday
8am—5pm**

**For New Services & Emergencies
24 Hours a Day
(334) 742-2877
1(800) 815-0630**

Services Provided at FCS

Special Deliveries

Family support and education program for teenage parents and families with children ages birth to five.

Parent Support Groups

On-going support groups for parents of young children.

Professional Training

Workshops on topics from child abuse to working with high-risk families

Mental Health First Aid

An 8 hour training focusing either on youth or adult mental health. Allows community members to become familiar with mental health disorders and how to help someone in crisis.

Lee County CARES

Tallapoosa County CARES

Coalition Advocating for Responsible Environments

Community coalitions in Lee and Tallapoosa county who work to address issues relating to underage drinking in their community

Prevention Services

Strives to promote drug free lifestyles in our communities through education and community outreach.

CLINICAL SERVICES

Child and Family Therapy

Group Therapy

School-based Therapy

Psychiatric Services

Daily Living Skills Training

Family Support & Education

Case Management

Crisis Intervention
&
Resolution

Emergency Services

Therapeutic Summer Camps

Juvenile Court Liaison

For New Services & Emergencies
24 Hours a Day
(334) 742-2877
1(800) 815-0630

Therapist's email should not be
used
in emergencies.

INTENSIVE COMMUNITY-BASED PROGRAMS

CHINS

(Child In Need Of Supervision)

Intervention Program

An intensive therapeutic program offered in cooperation with Juvenile Court, schools, and Family & Children's Services for youth who are adjudicated or likely to be adjudicated as CHINS

In-Home Intervention Program

An intensive therapeutic program which serves families with children at imminent risk of placement in a residential treatment program or who are returning home after residential treatment.